



PREPARING TEENS AND YOUNG ADULTS AGES 15-27 WITH AUTISM AND LEARNING DIFFERENCES FOR COLLEGE, CAREER AND LIFE



***Expand job readiness skills • Learn to live with housemates
Earn college credit • Make lasting friendships • Have lots of FUN!***

Join us at Transitions for summer and weekend programs that will help you transition from school and home to independent living. We will guide you through developing your career and learning to advocate for yourself. Transitions' Summer Immersion Experience will give you the chance to earn college credit and gain valuable work experience in a fun atmosphere. Spending your nights in apartments with roommates and peer mentors will introduce you to living on your own, and our Adirondack Mountains location will give you plenty of opportunities to build lasting friendships on excursions and social outings.

All of our programs also include learning opportunities for the families of our participants. Educating families and facilitating networking with others who have similar experiences are important goals of ours, along with ensuring our students have fun and make friends as they learn new approaches for life.

MINI CAMPS

April 6-8, 2018
May 18-20, 2018
July 13-15, 2018
August 3-5, 2018

October 19-21, 2018
November 16-18, 2018
December 7-9, 2018

SUMMER IMMERSION EXPERIENCE PROGRAMS

Two- or three-week sessions beginning on
the following dates:
July 8, 2018
July 29, 2018

ADIRONDACK EXPRESSIONS ART CAMP

July 14-20, 2018
August 4-10, 2018

**A summer or weekend at Transitions
could change your life!**

Visit transitionsusa.org for more information and to register today!

 www.facebook.com/TransitionsUSA

P.O. Box 196 | 2736 State Highway 30, Mayfield, NY 12117 | (518) 775-5384

WHY TRANSITIONS?

Transitions builds academic skills, life skills and independence. Our core curriculum covers social skills, health and wellness, independent life, self-management, and self-advocacy and leadership.

<p>Teaches independent living skills – cooking, budgeting, shopping, cleaning, home maintenance, managing medication and public transportation</p> 	 <p>Provides off-campus apartment living with roommates</p>	 <p>Offers social outlets and group activities</p>	
<p>Teaches coping mechanisms for stressful adult situations</p> 	 <p>Coaches on self-disclosure of differences</p>	<p>Assists with studying, coursework, following syllabi, time management, organization, self-advocacy and social interactions</p>	 <p>Develops personalized academic success plans</p>
<p>Teaches management of own schedules and assignments</p> 	 <p>Offers counseling, medical and staff supports 24/7</p>		 <p>Teaches social skills specific to college classrooms and workplaces</p>
 <p>Facilitates enrollment in and liaises with Fulton-Montgomery Community College</p>	 <p>Supports in development of resumes and portfolios and provides career-related experiences</p>	<p>Equips housing with emergency equipment, procedures and contact info</p> 	

TRANSITIONS COLLABORATORS

